

# CUSTOM CATARACT SOLUTIONS



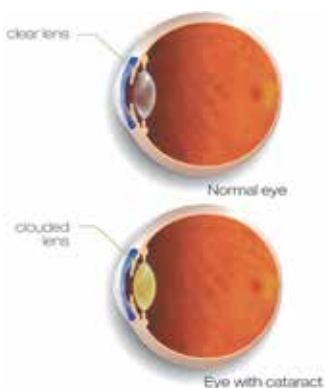
**AUCKLANDEYE**  
*See your life* CHANGE®

[www.aucklandeye.co.nz](http://www.aucklandeye.co.nz)

# WHAT ARE CATARACTS?

A cataract is an opacity (or cloudiness) in the lens of the eye. This cloudiness develops inside the lens and restricts light passing through the eye and reaching the retina. When this occurs, vision is affected.

An opacity can be quite minor or it can become so marked that it prevents adequate vision.



## WHAT CAUSES CATARACTS?

The most common cause of cataracts is aging. Others include:

- Inherited or developmental problems
- Health problems such as diabetes
- Medications such as steroids
- Trauma to the eye



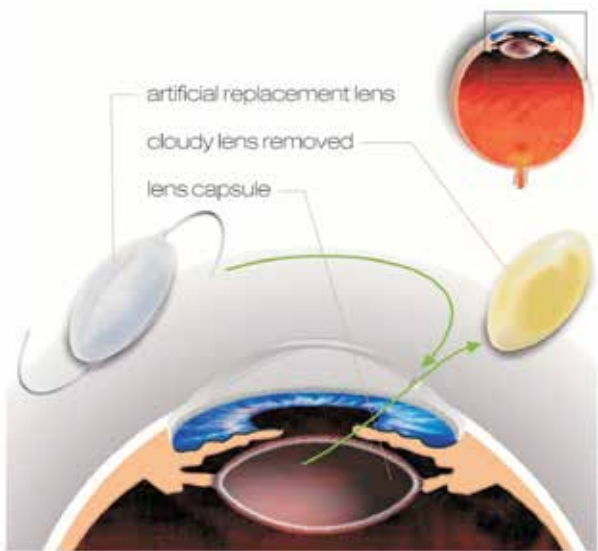
## WHAT ARE THE SYMPTOMS?

Common symptoms of cataracts are:

- Cloudy or blurry vision
- Light sensitivity from car headlights that seem too bright at night; glare from lamps or very bright sunlight; or the appearance of a halo around lights
- Poor or reduced night vision
- Double or multiple vision (this symptom often goes away as the cataract progresses)
- “Second sight” where near vision becomes possible without glasses again because of the cataract developing in the lens. This state is usually temporary, and followed by progressive loss of distance vision
- A need for frequent changes of glasses or contact lenses

# CATARACT TREATMENT

Only cataracts causing symptoms need treatment. Modern cataract or lens replacement surgery is effective in restoring vision to most patients. This involves removing the cloudy lens from inside the eye through a small incision, and replacing it with a new artificial lens, also called the Intraocular Lens (IOL) made from acrylic materials.



Cataract (intraocular) lens replacement



**PersonalEyes®**  
custom cataract solutions

Auckland Eye offers two approaches to cataract surgery: **PersonalEyes®** and **PersonalEyes®plus**.

By utilising the latest diagnostic equipment, surgical techniques and lens implants, it is now possible to offer a 'measure and match' personalised treatment plan allowing a visual outcome that really is for your eyes only.

If cataracts mean your vision is cloudy or blurry with poor low-light or night vision, **PersonalEyes®** custom cataract solutions may be the perfect solution for you.

Through a comprehensive series of personalised measurements we are able to recommend the perfect IOL to match your individual readings, so we can provide you with the best visual outcome possible.



**PersonalEyes®**  
custom cataract solutions

This new approach results in clearer, brighter, better quality vision with enhanced contrast, most noticeable in low light conditions such as driving at dusk, in fog or drizzle, and with restaurant lighting.



**WITHOUT**  
**PersonalEyes®**

**low contrast**



**WITH**  
**PersonalEyes®**

**enhanced contrast**



**PersonalEyes®plus**  
premium cataract solutions

If you'd like to be less dependent on glasses following lens replacement surgery, this could now be a reality thanks to the latest customised technology used by Auckland Eye.

**PersonalEyes®plus** uses the most advanced multifocal IOLs available, to give you a level of freedom from glasses that you may have previously only dreamed of.

With **PersonalEyes®plus** multifocal IOL's you can now dramatically improve your near and distance vision post lens-replacement surgery, reducing, and in some cases eliminating, the need for glasses.

Additionally, **PersonalEyes®plus** can also be beneficial if you suffer from astigmatism, as we are now able to correct this with Toric IOLs, improving your vision significantly and reducing the need for glasses post-operatively.



## OVERALL BENEFITS OF CATARACT SURGERY

Cataract surgery at Auckland Eye offers people suffering from cataract problems a range of potential life-changing benefits, including:

- Improved sight and colour vision
- Improved clarity of vision
- Increased independence
- Improved quality of life
- Reduced dependence on corrective eyewear

## COMMON QUESTIONS ABOUT CATARACT SURGERY

### 1. HOW IS A CATARACT DETECTED?

A cataract may be detected by your optometrist or family doctor. It is important that a thorough eye examination is performed by your optometrist or eye specialist to ensure that there are no other causes for your blurry vision.





## **2. HOW FAST DOES A CATARACT DEVELOP?**

How fast a cataract develops varies among individuals and may even vary between eyes. In younger people and people with diabetes cataracts may progress rapidly over a few months. However, most age-related cataracts progress gradually over a period of years.

## **3. WHEN SHOULD A PERSON WITH A CATARACT HAVE SURGERY?**

Cataract surgery is usually considered when loss of vision begins to interfere with daily activities or affect your quality of life. Based on the specific symptoms, a patient and his/her surgeon should decide together when surgery is appropriate.

## **4. HOW IS A CATARACT TREATED?**

During the early stages of a cataract, a change in glasses may improve the clarity of vision, though this is usually temporary. When cataracts begin to interfere with daily activities, surgical removal is the only effective treatment.

## **5. IS CATARACT SURGERY PERMANENT?**

Yes. It is not possible to get another cataract once it has been removed. However, approximately 10% of patients may become aware of a gradual blurring of vision some months or even years after the surgery due to thickening of the lens capsule that supports your artificial lens. If this occurs, clear vision is usually restored by a simple laser treatment, called a capsulotomy, which can be performed during a short visit to the clinic.

## **6. WILL I NEED GLASSES AFTER THE SURGERY?**

Most patients will require glasses for fine visual tasks although some patients can get by without them for certain activities.

## **7. WHAT IF I HAVE OTHER EYE DISEASES - WILL CATARACT SURGERY HELP?**

There are many diseases which can affect and limit the eye's visual improvement following cataract surgery.

These can be diagnosed before the operation and your eye specialist will discuss the impact of any such problems with you.

## 8. DOES THE OPERATION HURT?

**No.** An anaesthetic is applied before surgery so that there is no pain, but some people experience slight discomfort after the surgery. The anaesthetic stops the eye from moving during the operation and your eyelids are held open by a spring, so all you have to do is lie still for the surgery. You cannot see what is happening during the operation.

## 9. CAN PROBLEMS OCCUR AFTER SURGERY?

Cataract surgery is very safe and has a high success rate. However it is important to understand that complications can occur during or after the surgery. If you experience even the slightest problem after surgery, please contact your surgeon immediately.



**Cataract removal is one of the most common eye operations performed in New Zealand today. It is also one of the safest and most effective, and is successful in over 98% of cases.**



# AUCKLAND EYE

## LIFE-CHANGING OPHTHALMIC CARE

Auckland Eye, New Zealand's leading private sub-specialty eye centre, is dedicated to providing the highest quality service in a caring environment. Auckland Eye's team of leading experts are each highly trained in their particular area of expertise, providing assessment and management of a comprehensive range of ophthalmic problems.

They now provide surgical services in their brand new state-of-the-art facility, Oasis Surgical, the largest purpose built ophthalmic day-stay facility in New Zealand.

Auckland Eye and Oasis Surgical are the only procedure and consulting group in Auckland accredited by the DAA group for quality of patient care.

Auckland Eye and Oasis Surgical are centrally located in Remuera with easy motorway access, plentiful off street parking and wheelchair access.

Auckland Eye also has dedicated consulting facilities in Albany and New Lynn as well as providing appointments at a wide range of other locations across the Auckland region.

Auckland Eye is an affiliated provider to Southern Cross Health Society.

**For more information on custom cataract solutions please contact our friendly specialist team.**

# AUCKLAND EYE

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